FORSYTH TECH'S STUDENT NEWSPAPER

Technically Speaking

FALL 2014 ISSUE I

For Students, By Students

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"Always do your best. What you plant now, you will harvest later."

-Og Mandino

Disclaimer: The opinions expressed in this newsletter are not necessarily those of Forsyth Tech or of the students of Forsyth Tech.

Forsyth**Tecn**

Education For Life

Join a Club and Get Involved

Students often find themselves with a full plate, trying to balance schoolwork, family, jobs, and a social life. One of the easi- of a club gives a sense of est ways to create a better family, a unity between college experience is to join a club.

According to collegeconfidential.com, the internet's leading college-based community, there are several important reasons to join a club in college. Clubs club strengthens social are extracurricular and look great on resumes. They give the opportunity to network and work with people who have similar

interests. They educate in that particular field and offer assistance for classes in that study. Being a part members. Clubs also give the opportunity to do volunteer work, which looks great on an application. Clubs allow members to grow mentally in a supportive environment, and actively being a part of a skills.

RJ Anderson, a previous Forsyth Tech student and faculty member, recomBy: Alexis Cover

mends every student join at least one club. "College isn't just about learning a particular trade; you need to learn the social aspect, and the involvement in the community is great for students."

Forsyth Tech offers several different clubs, organizations, and intramural sports so all students can be a part of one they like. If you don't see a club that sparks your interest, it is possible to start one; just speak with someone in the Student Activities Office.

Clubs, Organizations, and Sports

- ⇒ Alpha Mu Beta
- ⇒ Creative Writing Club
- ⇒ Future Advocates for Children of Tomorrow Club
- ⇒ Hispanic Student Association
- ⇒ Interior Design Club
- ⇒ Journalism Club
- ⇒ Peers Accepting Challenges Together
- ⇒ Student Nurses Association
- ⇒ Co-ed Volleyball
- ⇒ Co-ed Basketball
- ⇒ Golf
- ⇒ Bowling League

See your 2014-2015 student planner and handbook or the blue survival guide found on Technically Speaking newsstands for a complete list of clubs. ^I



Minority Male Mentoring Program

Student Government Association

Dear Student Body,

I want to welcome everyone back to school and another year at Forsyth Tech. This year, Student Government is planning many events, both physical and mental, for the betterment of everyone.

Many of the physical challenges will be at the Fall Festival and Spring Fling.

Two of the mental events we have in store are our Leadership series and Student Government. That is right; Student Government is the best place to learn those soft skills you might have heard employers mention when looking for hires. Soft skills include, but are not limited to, conflict resolution, team building, critical thinking, business ethics, and problem

solving.

These are skills that can be learned in class and practiced with hands on experience in Student Government. The great thing is that someone doesn't have to have the top leadership role to practice these skills; they are used by everyone in Student Government daily. We use conflict resolution to help students with grievances against the school. We build ourselves as a team to be more effective on the behalf of students and to accomplish the tasks before us. We use critical thinking at every meeting to find the best ways of representing the student body and question the ethics of the business we conduct any time we are called to represent the student body. Lastly, we use problem solving

to best represent Forsyth Tech, the student body, and the community.

No one skill is used separately; they are all interconnected and used together. The personnel at Student Activities may help guide us in this experience; however, it is more peerto-peer learning that really brings a better understanding. We learn from each other that most critical of skills employers are looking for, interpersonal relations at a business level. So stop by Student Activities or contact any one of the SGA representatives about all the possibilities waiting for you.

Sincerely,

Roby Lovett



When: September 16th 9:30AM-

1:00PM

Domestic Violence Event

Where: Oak Grove Center

When: October 8th 11:00AM-12:30PM

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check Out What's New This Year!

The Soccer League begins on September 10th!

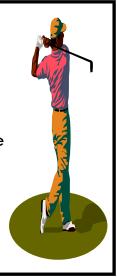




This Fall Semester, Forsyth Tech will be offering two brand new intramural sports teams: Flag Football and Soccer! Be sure to keep your eyes on the lookout for flyers and swing by Student Activities and find out how to join our new teams!

The Back To School Golf Tournament will be held on September 26th!

Ask a representative in the Student Activities Office located in the TEC Building for more information.







Tanglewood Heart and Stroke Walk

Where: Tanglewood Park

When: October 18th





Pita Pizza

What You Will Need:

- 1 whole wheat pita
- 2/3 cup marinara sauce
- 1 ounce cheddar, sliced or diced
- 2 ounces mozzarella, in pieces



Steps:

- 1. Preheat oven to 400 degrees.
- 2. Spread a layer of marinara sauce on the pita.
- 3. Evenly lay down the cheese.
- 4. Bake for seven minutes, or until cheese is all melted.

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Silas Creek Culture

⇒ August 1: Winston-Salem Dash 2014 season starts



⇒ August 16-23: Winston-Salem Open at Wake Forest University



⇒ August 22: Back to College Bash at Ziggy's



⇒ September 13-14: Winston-Salem Airshow



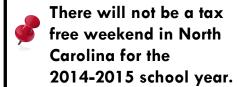
⇒ Third week in September: Texas Pete Culinary Festival

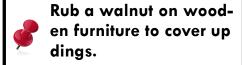


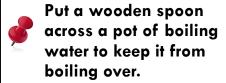
⇒ October 3-12: Dixie Classic



Helpful Tips







Chewing the same flavor gum when taking a test that you did when studying will help improve your memory.



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Silas Creek Culture

Movies

August:

Guardians of the Galaxy (Action)

Into the Storm (Action)

Jessabelle (Horror)

As Above, So Below (Thriller)

The Giver (Drama)

The Congress (Sci-Fi)

September:

The Green Inferno (Thriller)

Addicted (Drama)

Search Party (Comedy)

The Boxtrolls (Adventure)

The Maze Runner (Drama)

No Good Deed (Thriller)



1			9		6		2	
	9					6		
		3	1			7		
2	8			3				7
5		1	4		2	9		6
		3		1			4	8
		7		9	5	4		
6		5						
	4		7			8		2

Get Involved with Forsyth Tech's QEP!

As you wander around campus, you probably see signs regarding Forsyth Tech's QEP. What is a QEP anyway? QEP stands for Quality Enhancement Plan, a program designed to improve an aspect of education; Forsyth Tech has chosen Information Literacy as our QEP. Watch for upcoming seminars throughout the year to learn more!



Help Save The Planet: Recycle!

Thanks for reading Technically Speaking, but give a hoot and don't pollute. Share it with a friend or put it in the recycle bin.

Recycle bins can be located in and around campus buildings!





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Techlink: Your Campus Online



What if there were a place where you could do virtually anything you needed to do on campus, just a short click away?

There is! Familiarizing yourself with TechLink can not only make your life simpler, it can also greatly help your success at Forsyth Tech.

So what is TechLink? TechLink is a Web site affiliated with Forsyth Technical Community College that can be accessed by all students using their unique login I.D.

Once logged in, you will see a place for you to set up/check your student E-mail, college announcements, an academic calendar, and various tabs that can direct you to almost any department or service offered by Forsyth Tech.

Also, on the top right of the home screen is an online orientation which features videos of how to best optimize your student learning experience.

Further down on the right-hand side of the screen is the web advisor box. The web advisor allows you to check your grades, transcript, and schedule, and even register for classes!

That's right, no more waiting in those long lines hoping the classes you need don't fill up before you

are called. Under the registration tab, you can now search for and register for classes on your own time without waiting for hours.

There is also an easy "how to" guide that can be helpful should you have any trouble with your online registration.

As mentioned earlier, your student E For your password, take the first -mail is used exclusively through TechLink. Most teachers mandate that all students use their TechLink Email address due to some personal E-mail addresses being blocked by the Forsyth Tech server for security reasons. Setting up your E-mail is simple and takes less than five minutes.

Simply click on the E-mail set-up button at the top of the home screen and follow the easy instructions (which include retyping your login/ password and setting your time zone). Becoming familiar with your student E-mail will save both you and your instructor's time and energy when a situation arises in which you must get in contact with your instructor.

So now that you know a few of the features, you're just dying to get on TechLink and check it out, right? To log on to TechLink, go to the Web address techlink.forsythtech.edu (do not use "www"). You will then be asked to enter your user name and password. Your user name and password formula is as follows:

Let's say my name is John Smith, my student number is 1234567, and

By: Tommy Guastaferro

my date of birth is 05/01/84.

Type in your last name (Smith), your first initial (J), then the day in which you were born (01), and finally the last two digits of your student number (67) and your user name is complete. So my username would be SmithJ0167.

two letters of your last name (Sm) and then type in your six digit birthday. So my password would be Sm050184.

It's as simple as that.

If for any reason you need help with any aspect of TechLink, feel free to call (336) 734-7395 and one of the trained staff will be able to help you out. If you happen to be on campus, stop by the Learning Center in Room 143 of Ardmore Hall (first floor, next to the library) and one of the Learning Center staff will be happy to assist you with any questions you may have.

TechLink can play a pivotal role in your success as a Forsyth Tech student. Now that you know where and how to log into TechLink, try it out for yourself. Good luck!



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Need tutoring but can't make it to the Learning Center? Give Smarthinking a try! By: Michelle Bertine

- All currently enrolled Forsyth Tech students can receive online tutoring through Smarthinking.
- Students can access Smarthinking through their BlackBoard accounts by visiting TechLink or going directly to bb.forsythtech.edu.
- Username and password are the same as TechLink!
- Smarthinking provides tutoring in: Mathematics (Basic Math through Calculus, including Bilingual Math), Biology, Intro to Human Anatomy & Physiology, Chemistry, Organic Chemistry, Physics, Economics, Accounting, Intro to Finance, Statistics, Spanish, Computers and Technology, Nursing, and Writing.
- The "Connect with an e-structor now" icon enables the student to connect immediately with an estructor and have a live tutorial session.
- Students and tutors use an interactive whiteboard to communicate. Please allow a few minutes for the tutor to sign on after you log into the session.
- The "Submit your Writing" icon enables the student to submit a paper and receive a critique within 24 hours.
- The student will then log back into the account to retrieve the e -structor's comments. Students complete a submission form and

- attach their essay just as they would attach a document to an email.
- The "Schedule a Personal Session" icon allows the student to schedule a private session with an e-structor.
- ◆ The "Submit a Question" icon allows the student to submit a question and receive a response within 24 hours.
- Students use the interactive whiteboard to submit their question.









To Volunteer or Participate in an Event, Register on Techlink:

Go to the Student Life tab on Techlink Go to the Student Activities page Click on Volunteer Connection Select the "Add New Item" Option at the bottom

Register for your Volunteer Experience! studentactivities@forsythtech.edu





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Student Government Association



JOIN STUDENT GOVERNMENT

Membership Application Available on Techlink

YOU MAY QUALIFY FOR SGA IF YOU:

- Have at least a 2.5 GPA
- Have at least 3 hours per week to volunteer
- Are able to meet bi-monthly on Wednesdays at 3pm

TO APPLY TO SGA:

- Complete an application
- Complete the Availability Worksheet
- Submit a one-page personal statement
- Get 3 faculty/staff references

Applications due to <u>studentactivities@forsythtech.edu</u> by **September 3, 2014**.

To learn more visit Techlink: "Student Government" under the Student Life tab.

From the Desk of the Editor

Hello, Forsyth Tech students, faculty, and staff! I hope you all had a wonderful summer and welcome back. If you are a new student here at Forsyth Tech, we are glad to have you!

Thank you for picking up the latest issue of *Technically Speaking*; I hope it sparks your interest. If you have any suggestions on how we can improve the paper or if you would like to contribute articles and topics to write about, we would love to hear from you!

You can email Technically Speaking at technically speaking@forsythtech.edu or you can email me personally at covera1494@students.forsythtech.edu.

Once again, we are happy to have you here at Forsyth Tech and best of luck to you in the upcoming semester!

Alexís



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Programs of Study

The Most Promising Career

By: Jasmine Richardson



According to CNBC, Dental Hygienist was one of the top ten highest paying jobs for 2014. The estimated total amount of money that Dental Hygienists will make for 2015 is \$62,900.

Kristie Lloyd, 21, majoring in Dental Hygiene said, "I chose this major because I know that I will be financially stable in the years to come."



promote and maintain good oral health. David Miller, a dentist at Pruitt Miller Stowe Steinbicker and Taylor DDS, said, "We do our best to take care of people's teeth, but we encourage them to brush and floss their teeth at home."

A large challenge among college age students is remembering to floss their teeth. According to a dental floss study, nearly 21.8 million college students in the U.S. do not floss their teeth in the morning or at night.

It is important for college students As a dental hygienist, it is necessary to to floss their teeth because it's a

great way to help fight off germs and plaque that can cause gum disease.

Malik Brown, 18, majoring in Dental Hygiene said, "I care about people and how their teeth look. As a dentist, taking care of the patient is the key to having a successful career."

Students who are interested in dental hygiene can contact Dr. Jannette Whisenhunt, Program Coordinator of Dental Hygiene and Department Chair of Dental Education, at (336) 734-7414.

Plumbing: A Job With Opportunity By: Alexis Cover

According to About.com, a question/answer website, plumbing is the ninth most prevalent job in the United States, and there is an expected 45% job increase between 2010 and 2020. If you are still trying to decide what career to enter, the education requirements are minimal and the pay is fantastic.

Tyler Bowles, a 20-year-old prebusiness major from King, believes plumbers definitely have job security. "As long as there are houses and businesses with indoor plumbing, there will always be job opportunity," said Bowles.

According to Worksource.com, a job The career description on Forsyth information website, plumbers are one of the highest paid contractors and have one of the highest median wage jobs in the country. On average, an entry level plumber can

charge \$20-\$28/hour, and a licensed plumber can ask for anything up to \$180-\$210/hour.

Logan Cline, a-20-year-old automotive student from Pinnacle, understands the importance of plumbing. "Plumbers are not shown enough appreciation. They have one of the nastiest jobs out there," said Cline.

At Forsyth Tech, the Plumbing Program starts each fall semester. To get the Plumbing Diploma takes three semesters including one summer term. To get the Plumbing Certificate only takes two semesters.

Tech's website states that there is a shortage of qualified plumbers on both state and national levels. Forsyth Tech's program is designed to teach students how to install and

repair plumbing systems, interpret blueprints, remove wastewater, and be responsible for sanitation. Students are responsible for getting to and from job site training.

RJ Anderson, a previous Forsyth Tech Student, has worked as a Mechanical Designer and department head for 27 years with William G. Robinson Jr. Consulting and Engineering. "If you don't mind getting dirty and working hard, plumbing is a great job because there will always be someone who needs a plumber," said Anderson.

Contact Matthew Beverly, the Plumbing Program Coordinator, at 336.734.7231 or by e-mail at mbeverly@forsythtech.edu to get more information on the program or how to enroll this fall.

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Dates to Remember



Shugart Women's Center Clothing Drive

When: September 18th
Where: Room 206 in Hauser Hall
swc@forsythtech.edu
Phone: 336.734.7280
Open Monday-Thursday
(8AM-5PM)



Dates to Remember



August 8th: Registration payment deadline

August 11th: First day to use Financial Aid/ Third Party in the bookstore

August 18th: Fall classes begin

September 5th: Last day to use Financial Aid/ Third Party in the bookstore





Look for QEP events taking place throughout the year!

QEP Modules

Forsyth Tech will offer a series of interactive learning modules covering

topics related to information literacy. Topics will include the importance of acknowledging and giving credit to the source of borrowed work(s), use of the Modern Language Association (MLA) and American Psychological Association (APA) formatting guidelines for writing papers, effective search strategies, and much more. These modules will be available to all as they are piloted, revised, and released for widespread use. For now, please consult with your instructor about the availability of these modules or contact the Center for Transformative Learning at 336-734-7887.

Information Literacy

Because We C.A.R.E

C ommunicate

Students will be able to develop the questions



Students will be able to identify and access appropriate information sources.

K esearch

tudents will be able to search, retrieve, & utilize







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PHOTO I.D. HOURS

Main Campus Hours Subject to Change Due to Events You <u>MUST</u> Have Your Current Schedule

Fall IDs begin Thursday, August 27
MAIN CAMPUS HOURS

MONDAY 10:00-2:00

TUESDAY 9:00-6:00

WEDNESDAY 10:00-2:00

THURSDAY 10:00-2:00

Don't forget to check your Techlink account for College news & updates.

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Have Your Voice Heard!

Are you interested in contributing to Technically Speaking? Do you have a suggestion or an idea that might improve Technically Speaking?

Or would you just like to get involved with the Journalism Club?

Contact us at technicallyspeaking@forsythtech.edu

A Thousand Words



Left to Right: Winter Collins, Megan Parsons, Kaitlyn Kinzer



Heart Walk



All dressed up and nowhere to go

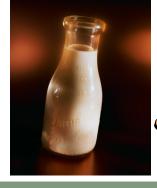


Relay For Life

Did you know?

North Carolina's state beverage is milk, and the state vegetable is the sweet potato.

-50states.com





Fall 2014 Issue 1 Page 12 Center Happenings

EVERYONE IS INVITED TO THE ...

FORSYTH TECH STOKES COUNTY CENTER

COMMUNITY DAY

FREE FOOD * FREE GAMES * MUSIC

- * DISPLAYS BY STOKES VENDORS
- * INFORMATION ON COMMUNITY & CAMPUS RESOURCES
- * NC COLLEGE/UNIVERSITY ADMISSIONS OFFICES

OCTOBER 3. 2014

(Rain date-October 10, 2014)

11:00 a.m. until 1:00 p.m.

ForsythTech

Education For Life

1165 Dodgetown Road, Walnut Cove, NC 27052

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Celebrate the Philosophical Society's 20th Anniversary

The Forsyth Tech Philosophical Society is celebrating its 20th anniversary this year since being founded by English professor Dr. Jim Fortuna at the request of students in 1994.

The Society serves as a forum to celebrate and exercise freedom of speech by seeking the truth, promoting student understanding, exhibiting compassion, and modeling patience. According to the college website, the Philosophical Society places a heavy emphasis on the rights of the First Amendment.

"It is a student activity for anyone, especially humanities students,

By: Samone Barmore



wanting to delve into topics about ethics and philosophy," says Staff Assistant and Alumni Member, Amy Quesenberry.

Members in the Society do not just sit and talk, but participate in community service. Since 1996, the club has done special community service for the homeless. These services include Homeless Outreach and Blanket Drive where they give out boots, winter clothes, sleeping bags, and other winter items. They have also generated and sponsored the

first Holocaust course to help clear misconceptions and study ethical concerns about the Holocaust.

There is a \$2 per semester fee to join the Philosophical Society, and they meet in the Technology Building in Room 542 every other Wednesday.



Please join us this year as we celebrate our 15th Susan G. Komen Northwest NC Race for the Cure® in Downtown Winston-Salem with Pre and Post Race activities at BB&T Ballpark. Once a year our 11 county service area* comes together to bring awareness about breast cancer, celebrate those that have fought, and raise funds to help defeat this deadly disease. Our Race is a wonderful opportunity to bring awareness to the importance of knowing your normal. The event features a certified 5K. 75% of funds raised will benefit our local community through grants to help fund mammograms as well as provide breast health education. 25% of money raised will go towards research to find the cures. Special Discount for Virtual Runner **Register Today**

College Students

Receive a \$15 discount by using the discount code below

Code: college

Contests

Largest College Team

College Team that Raises the Most Money

Already have a commitment or live too far away to drive in for the Race. Be a Virtual Runner. You will still be able to receive your t-shirt and will be recognized as a participant in the Race. Your will also still be able to be on a team. All you have to do is select Virtual Runner when you sign up







Facebook: Komen Northwest NC Pinterest/Twitter: KomenNWNC

At komennorthwestnc.org Or

Call 336-721-0037

1106 Burke Street Winston-Salem, NC 27101

susan G. komen

Alamance, Davidson, Davie, Forsyth, Guilford, Randolph, Rockingham, Stokes, Wilkes, and Yadkin County

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Clubs & Organizations

Alpha Mu Beta

A high profile group of students who spark interest in student life through campus networking, personal growth, and service to the community. Applicants who are accepted into the fraternity discover a relaxed, yet disciplined, fellowship that encourages growth.

AMB members have the opportunity to lead such events as the Angel Tree Project, Relay for Life and many other service projects for the benefit of the college and community.

AMB members must carry at least a 3.0 GPA.



P.R.I.D.E.

(Promoting Respect, Individuality, Diversity, and Equality)



International Student Club

The purpose of the International Student Club at Forsyth Tech is to forge connections between students across cultural divides, to provide a support network for students new to the U.S., and to sponsor educational opportunities for the Forsyth Tech community.

The Forsyth Tech International Student Club welcomes members from all cultural backgrounds and is open to all Forsyth Tech students.

Journalism Club

Interested in journalism in any of its forms?
Come see what the
Journalism Club can do for you! Feel free to email Technically
Speaking if you have any questions regarding the Journalism Club!

Our first meeting will be August 25th, in TEC 123 from 1:00-2:00PM.

Student Veterans of America

SVAFT meetings are open to veterans, family members of veterans, and those who support veterans. Their first club meeting of the year will be near the beginning of September, so be sure to get involved with this award-winning club.



Clubs Council Meeting

September 29th at 2:00 PM in TEC 130



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August/September 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 17	18 Fall classes begin & Welcome Back Event at Main Campus	19 Welcome Back Event at Main Campus	20	21 Senior Citizen's Day	22	23
24	25 Welcome Back Event at Transportation Center & Journal- ism Club Meeting	26 Welcome Back Event at Swisher Center	27 Welcome Back Event at Northwest Forsyth Center & SGA Meeting	28 Welcome Back Event at Woodruff Meeting Center	29 Ambassador Meeting	30
31	September 1 Labor Day	2 No Classes	3	4	5	9
7	8 Journalism Club Meeting	6	10 SGA Meeting & Soccer League Begins	11	12	13 Fortune Cookie Day
14 Crème-filled Donut Day	15	16 Health Fair from 9:30am-1pm in TEC Lobby	17 Constitution Day Celebration, Club Fair, & Soccer League	18	19 Ambassadors Meeting	20
21	22 Journalism Club Meeting	23	24 SGA Meeting & Soccer League	25	26 Back to School Golf Tournament	27 Susan G. Komen Race for the Cure
28	29 Clubs Council	30 Volleyball & Flag Football Begin				